


HRDC
CLAIMABLE
ISO 29993
CERTIFIED
 Learning Service Provider

 Trusted by Government, GLCs
 & Corporate Organisations

ISO 14001:2026

UNDERSTANDING THE LATEST REQUIREMENTS

WHAT WILL YOU GAIN


 Understanding the
 Latest ISO 14001
 Updates

 Knowledge of Malaysian
 EHS Legal Requirements

 Identifying Compliance
 Obligations Effectively

 Building an Effective
 EHS Compliance System

WHY THIS PROGRAMME MATTERS TODAY

With the release of ISO 14001:2026 and increasing environmental compliance expectations, organisations must understand how the latest requirements affect their environmental management systems, legal obligations, and operational controls.

This 1-day programme helps participants interpret the latest ISO 14001 requirements, identify key compliance obligations, and translate environmental and legal expectations into practical actions for improved audit readiness and environmental performance.

WHO SHOULD ATTEND

Suitable for EHS/HSE personnel, compliance and ISO 14001 practitioners, auditors, and operations or facility managers responsible for environmental and legal compliance across regulated industries.



MEET OUR TRAINER

MS. FARAH WAHIDA

She is an experienced HSEQ consultant, trainer, and auditor with over 17 years across industries including oil & gas, manufacturing, and healthcare. She specialises in safety, risk management, and HSEQ systems, delivering practical and engaging training. A certified ISO auditor and HRDCorp approved trainer, she is committed to helping organisations enhance safety, compliance, and performance.



PROGRAMME SNAPSHOT

6 October, 2026
Kuching
1 Day
8.30 am - 5.00 pm

**LIMITED TO
25-30 PARTICIPANTS
PER COHORT**
*To ensure interaction, practice
& trainer feedback*

Reserved Your Seat Today!



WHY TRAIN WITH MRS?

- HRDC Claimable & ISO Certified
- Corporate & Government Trusted
- Practical & Business-focused
- Industry-Expert Trainers

PROGRAMME OUTLINE

01

EHS LEGAL REQUIREMENTS

Overview of Malaysia's EHS legal framework, enforcement agencies (DOSH, DOE, BOMBA), non-compliance impacts, and ISO 14001/45001 alignment.

02

OCCUPATIONAL SAFETY & HEALTH LEGAL REQUIREMENTS

Key provisions of OSHA 1994 (Amendment 2022), focusing on workplace safety duties, hazard control, and legal compliance responsibilities.

03

ENVIRONMENTAL LEGAL REQUIREMENTS

Covers Environmental Quality Act 1974 (Amendment 2024) and key pollution controls including waste, effluent, air emissions, and sewage regulations.

04

OTHER EHS LEGAL REQUIREMENTS – OVERVIEW

Introduction to related laws covering fire safety, buildings, utilities, hazardous substances, radiation, public health, and food safety.

05

EHS COMPLIANCE MANAGEMENT

Practical tools for managing compliance, including legal registers, compliance audits, and handling non-compliance effectively.



PROGRAMME DETAILS



DATE

6 October, 2026



TIME

8.30 am - 5.00 pm



VENUE

Kuching

FEE PER PAX

Early Bird Rate (EBR)	Normal Rate (NR)
RM 1280	RM 1580

Early Bird Rate applies for registrations confirmed 30 days before the program date.

**An additional 8% SST will apply*

WHAT THIS FEE INCLUDES

- Full training program as stated
- Participant materials and learning resources
- Practical templates, tools, or checklists
- Certificate of completion
- 2 Tea Breaks & Lunch each day
- HRDCorp claimable documentation support
- Guided action planning for workplace application

HRDC CLAIMABLE COURSE



We are HRDCORP registered training provider.

This course is 100% claimable. Subject to employer eligibility and HRDCorp approval.

MRS MANAGEMENT SDN BHD (275222-P)

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**LIMITED SEATS.
REGISTER NOW!**

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