

# **COURSE OVERVIEW**

Employees are often the weakest link in an organization's cybersecurity defenses. Cybercriminals exploit human vulnerabilities through techniques like social engineering, phishing, or spear-phishing attacks. By upskilling in cybersecurity, employees can learn to prevent, recognize and respond appropriately to suspicious emails, links, or requests, reducing the likelihood of falling victim to such attacks.

Upskilling employees in cybersecurity is crucial for organizations to strengthen their defenses, mitigate risks, and create a security-conscious culture. By investing in cybersecurity training and programs, organizations awareness can their employees to be active empower participants in protecting sensitive information and reducing the likelihood of successful cyberattacks.

# **LEARNING OUTCOMES**

At the end of this training, participants will be able to:

- Identify different threats.
- Facilitate information and various tools to prevent cyber threats.
- Protect, backup, and encrypt data to prevent leak.

# **TARGET**

Non-IT personnel who are using smartphones, tablets and all ICT equipment to manage data and to connect to Internet for work. The course requires some basic computer skills (e.g Windows 10/11, browsers and Internet), but does not require any programing language knowledge.



# MEET OUR TRAINER **DR BONG**

Dr Bong is an Associate Professor in Faculty of Computer Science and Information Technology. He obtained his PhD in Computer Science from University of Colorado USA. He is also an accredited HRDC trainer, Certified SrumMaster and Microsoft Certified Professional. He has conducted more than 30 sessions of professional training in the area of digitaland data technologies. Prior to his academic career, he worked as a software engineer and web developer.

# **REGISTER NOW!**

Scan QR code to register >>



# **LEARNING MODULES**

#### **MODULE 1**

- Introduction to cybersecurity, the components of information security and cyberthreats.
- Why anti-virus is today is not enough?
- What is the most effective prevention step to cyberthreats?

#### **MODULE 2**

- Types of cyber threats
- Identifying the most common threats: malwares, social engineering, ransomware, malvertising, and identity theft.

#### MODULE 3

- The danger zone: Internet
- Some tip and tricks while surfing the Internet.
- Configure your web browsers for safe surfing
- Malware detection and blocking with your browser.
- Preventing malvertising
- Stop tracking
- Cookies

#### **MODULE 4**

- Optimizing your ICT devices: networking, backup and recovery
- Performing auto backup on your computers
- Encrypt your sensitive data while on the move
- Send secured emails

#### MODULE 5

- Authentication
- What is Multi Factor Authentication (MFA)?
- Create a strong password easily.
- Best practices for password management and privacy.
- How to properly use antivirus effectively?
- Introducing Firewall
- How to prevent ransomware?

#### MODULE 6

- Bring your own Device Policy
- The danger of wireless connection?
- How to secure office and house WIFI?
- Mobile security
- Security and best practices for Mobile

\*The Organiser reserves the right to make any amendments that are deemed necessary in the best interest of the workshop.

# Please register me/us for the workshop on

#### **CYBERSECURITY ESSENTIALS**

April 3-4, 2024 | Kuching



### Do you intend to utilize HRDCorp Levy for this program? Yes / No

Upon submission of this form, I confirm I have read and accepted the terms and conditions of this registration.

Name	•	
Position	•	•••••••••••••••••••••••••••••••••••••••
Email	•	
Name	•	•••••••••••••••••••••••••••••••••••••••
Position	•	•••••••••••••••••••••••••••••••••••••••
Email	•	
Name	•	•••••••••••••••••••••••••••••••••••••••
Position	•	•••••••••••••••••••••••••••••••••••••••
Email	•	
Company	, .	•••••••••••••••••••••••••••••••••••••••
Address	•	
Tel:	•••••	Fax:
Email	•	
Nominati	ng Person	•
Position		•
Approving	g Person	•
Position		
Invoice At	tention to	) <del>.</del>
Email	•	

www.trainingprovider.org Closing Date: March 27, 2024

### **KUALA LUMPUR CORPORATE OFFICE**

MRS MANAGEMENT SDN BHD (275222-P)

Suite 33-01, 33rd Floor, Menara Keck Seng, 203, Jalan Bukit Bintang, 55100 Kuala Lumpur, Malaysia ♠ +603-2116 5961
♣ +603-2116 5999

### **KUCHING OFFICE**

Milan Square, Lot 48, Level 1, Jalan Wan Alwi, 93350 Kuching, Sarawak, Malaysia © +6082-265 628/9

www.trainingprovider.org

kristine.mrstraining@gmail.com, robin.mrstraining@gmail.com

## **INVESTMENT FEE (Per Participant)**

\*The fee is not yet inclusive of 6% SST

EARLY BIRD RATE	NORMAL RATE	CLOSING DATE OF REGISTRATION
PER COURSE  RM1,600  Applicable for registrations received and	PER COURSE  RM1,800  Applicable for registrations received and paid after the EBR Closing Date	EBR: One month before commencement of the course  NR: One week
paid one month before commencement of the course	the EBR Closing Date	before commencement of the course

### **TERMS & CONDITIONS:**

1.Fees are inclusive of programme materials, refreshments, luncheons and certificate.

2. Outstations participants are advised to call MRS before making any air-travels and hotel payments. MRS shall not be liable for any loss or damage, costs or additional charges that may arise from the failure to confirm with us before making such arrangements.

### 3. Payment, Confirmation & Admission

An invoice shall be issued upon receipt of your registration form. Payment is required by the early bird rate closing date or other dates stated on the invoice, whichever is applicable. Full payment is expected prior to the commencement of the course. We reserve the right to refuse admission for registration that remains unpaid. A Letter of Undertaking may be acceptable with prior notice and consent.

### 4. Substitution/Replacement of Participants

Substitutions are allowed at no extra charge provided MRS is notified in writing at least 5 working days prior to the course wherein any substitution proposed thereafter, MRS may reserve its right to disallow such proposal, and any substitution which may be accorded thereafter (if any), MRS reserves its right to add an additional charge thereto.

### 5. Cancellation of Participants

For Paid Registrations	For Unpaid Registrations
30 days before course: Full refund or transferable 14 days before course: Refund minus 15% admin fee or transferable Less than 14 days before course: No refund but transferable No show: No refund and not transferable	30 days before course: No applicable admin fee 14 days before course: 15% admin fee chargeable Less than 14 days before course: Full fees chargeable and transferable No show: Full fees chargeable and not transferable

\*Transferable - to a similar or different course with the necessary top up fee should the course transferred to, is of a higher value

### 6. Postponement

While all care shall be taken to carry on the course as scheduled, there may be circumstances that may deem it necessary for MRS to postpone or merge with another similar course. In such instance, participants hereby indemnify and holds MRS harmless from any cost incurred. Payment received will not be refunded but can be credited to MRS's other courses.

### 7. Permanent Cancellation

In the event of a permanent cancellation by MRS of a course and provided the event is not postponed to a later date or merged with another course, a full refund shall be made for paid registrations and no applicable admin fee for unpaid registrations. Participants hereby indemnify and holds MRS harmless from any cost incurred.

8. Participants have read and consent to MRS processing the registration data in accordance with the Personal Data Protection Notice posted on www.trainingprovider.org. As such, they have discharged their responsibility of ensuring the information provided herein is the most up-to-date information as possible.